

Diagnoses Sheet:

Shoulders

- Impingement Syndrome
- Rotator Cuff Syndrome
- Sub-acromial Bursitis
- Adhesive Capsulitis/Frozen Shoulder
- Shoulder Instability
- Shoulder Dislocation/Subluxation
- Thoracic Outlet Syndrome
- Erb's Palsy
- Brachial Plexus Injuries
- Osteoarthritis/Joint Stiffness
- AC Joint Injuries
- SC Joint Injuries

Elbow

- Tennis Elbow
- Golfers Elbow
- Little League's Elbow
- Cubital Tunnel Syndrome
- Ulnar Neuritis
- Biceps Tendonitis
- Elbow Stiffness
- Radial Tunnel Syndrome
- Pronator Syndrome
- Olecranon Bursitis
- Triceps Tendonitis

Wrist

- Carpal Tunnel Syndrome
- DeQuervains Syndrome
- Trigger-Finger
- Thumb Arthritis
- Wrist Sprains

Neck

- Degenerative Joint Disease
- Cervical Disc Bulge
- Nerve Root Compression
- Whiplash
- Tension Headaches
- Cervicogenic Headaches
- Trapezius Muscle Spasm
- Acute Wry Neck
- Torticollis
- Cervical Stenosis

Thoracic

- Postural Back Pain
- Costochondritis
- Intercostal Muscle Strain
- Rib Subluxation
- Scapula Instability/Winging
- Long Thoracic Nerve Palsy

Lumbar

- Muscle Strain
- Degenerative Disc Disease
- Lumbar Spinal Stenosis
- Pregnancy Related Back Pain
- Sciatica
- Piriformis Syndrome
- Degenerative Joint Disease
- Facet Joint Sprain
- Joint Stiffness
- Lumbar Spondylolisthesis
- Abdominal Strain

Hip & Thigh

- Hip Bursitis/Trochanteric Bursitis
- Hip Joint Impingement
- Osteitis Pubis
- Groin Strain
- ITB Friction Syndrome
- Hip Arthritis
- Hip Flexor Strain
- Gluteal Strain
- Quadriceps and Hamstring Strains
- Corked Thigh or "Charlie Horse"

Knee

- Patello-Femoral Syndrome
- Chondromalacia Patella
- Patella Tendonitis/Jumper's Knee
- Supra/Infra-Patella Bursitis
- Degenerative-Meniscal Tears
- Osgood-Schlatters
- Grade 1 & 2 Ligament Sprains
- Patella Subluxation
- Pes Anserine Bursitis
- Hamstring Tendonitis
- Common Peroneal Neuritis

Ankle & Foot

- Plantar Fasciitis
- Achilles Tendonitis
- Gastrocnemius Strain
- Tarsal Tunnel Syndrome
- Metatarsalgia
- Morton's Neuroma
- Shin Splints
- Compartment Syndrome
- Lateral Ligament Sprains
- High Ankle Sprains
- Posterior Tibialis Tendonitis